



## IOWA HF 543

### *Ensuring Student Well-Being Through Access to Free Menstrual Products*

1. HF 543 mandates school districts to provide free menstrual products in at least half of the restrooms in the school buildings and appropriate necessary funds from the state general fund to the Department of Education.
2. **Qualifications:** Iowa public schools serving grades 6-12
3. **Funding:** Appropriated annually from the general fund of the state to the Department of Education an amount necessary to fund the full cost of compliance with this section by school districts.
4. **Timeline:** Beginning July 1, 2025 – June 10, 2028



Providing free menstrual products to students in grades 6 through 12 is a crucial step toward promoting their overall well-being. By ensuring access to these necessities, schools help students manage their periods with dignity and without unnecessary disruptions to their education. The availability of free menstrual products reduces stress, prevents embarrassment, and supports students' confidence, allowing them to focus on learning rather than worrying about access to hygiene essentials. This initiative fosters a more inclusive and equitable school environment where all students can thrive.